

Social Emotional Book List

Complied by Lynn Cukaj, ART-BC of Creative Expressions Consulting, LLC

Feelings

Glad Monster, Sad Monster	Ed Emberley
The Feel Good Book	Todd Parr
I Can Do It	Pat Thomas
When I Feel Good About Myself	Cornelia Spelman
Ellie's Day	Susan Conlin
Feeling Jealous	Joy Berry
Being Patient	Joy Berry
Today I Feel Silly	Jamie Lee Curtis
Quick as a Cricket	Audrey Wood
Feeling Thankful	Shelley Rotner
Leo the Late Bloomer	Robert Kraus
I Don't Know why...I'm shy	Barbara Cain
Let's Talk About Feeling Sad	Joy Berry
Hurty Feelings	Helen Lester
The way I feel	Janan Cain
The way I act	Steve Metzger
My many colored days	Dr. Seuss

Anger

Boy I was mad	Kathryn Hitte
I was so mad	Norma Simon
Sometimes I'm Bombaloo	Rachel Vail
What are you do grumpy about	Tom Lichtenheld
When Sophie gets angry	Molly Bang
Mean soup	Betsy Everitt
Alexander and the bad day	Judith Viorst
Emily's Tiger	Miriam Latimer
Alicia has a bad day	Lisa John-clough
If I were a Lion	Sarah Weeks
My mouth is a volcano	Julia Cook

Moving

We're Moving	Heather Maisner
Boomers Big Day	Constance McGeorge
Jamaica's Blue Marker	Juanita Havill

Telling the Truth

Ruthie and the Teeny Tiny Lie	Laura Rankin
The Truth Pops Out	Marc Brown

Separation

Kissing Hand	Audrey Penn
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When I miss you
I'll always come back
I miss you
The Hello, Goodbye Window

Cornelia Spelman
Steve Metzger
Pat Thomas
Norton Juster

Bullying

Just a Bully
Chester and the Big Bad Bully
Goggles!
The Eagle Inside
Pinduli
The Recess Queen
The Juice Box Bully
The Three Little Wolves and the Big Bad Pig
Who's Afraid of the Big Bad Bully
Princess Penelope's Parrot
One
All for me and none for all
The story of Ferdinand
Unlovable
Enemy Pie
My secret bully
Pinky and the Bully
Stop picking on me
Chubbo's Pool
Bye-Bye Big Bad Bullybug!

Gina and Mercer Meyer
Audrey Penn
Ezra Jack Keats
Bronwyn Bancroft
Janell Cannon
Alexis O'Neill
Bob Sornson
Eugene Trivizas
Teddy Slater
Helen Lester
Kathryn Otoshi
Helen Lester
Munro Leaf
Dan Yaccarino
Derek Munson
Trudy Ludwig
James Howe
Pat Thomas
Betsy Lewin
Ed Emberley

Adoption

My Family is Forever
I love you like crazy cakes

Nancy Carlson
Rose Lewis

Death

It Must Hurt A lot
Lifetimes
If Nathan were here
Snowflakes Fall

Doris Sanford
Bryan Melloni
Mary Bahr
Patricia MacLachlan

Scared/Brave

Why Do I Feel Scared
Sheila Rae, the Brave
There's a Big Beautiful World
Brave Ben
Worry Bear
Let's Talk About Feeling Afraid
Scaredy Squirrel
Brave Martha
Chester the Brave
The Bravest Fish

Pat Thomas
Kevin Henkes
Nancy Carlson
Mathilde Stein
Charlotte Dematons
Joy Berry
Melanie Watt
Margot Apple
Audrey Penn
Matt Buckingham

Courage
The I'm not scared book
High as a Hawk
There's a nightmare in my closet

Bernard Waber
Todd Parr
T.A. Barron
Mercer Mayer

New Baby/Sibling Rivalry

A Pocket Full of Kisses
That New Baby
Welcoming Your Second Baby
New Baby
Alligator Baby
When the Teddy Bears came
I Love You the Purplest
Big Sister Now
A Place for Ben
I'm a big Sister
Arthur's Baby
Baby Come Out
Peter's Chair
Henry's Baby

Audrey Penn
Patricia Relf

Bernstein Bear
Robert Munsch
Martin Waddell
Barbara Joosse
Annette Sheldon
Jeanne Titherington
Joanna Cole
Marc Brown
Fran Manushkin
Ezra Jack Keats
Mary Hoffman

Divorce

Standing on my own Two Feet
The days of summer

Schmitz
Even Bunting

New Friends

Ella the Elegant Elephant
A very big bunny
Chester's Way
Ruby the Copycat
Jessica
Little Polar Bear Finds a Friend

Carmela d'Amico
Marisabina Russo
Kevin Henkes
Peggy Rathmann
Kevin Henkes
Hans de Beer

Being a Good Friend/Friendship

Brave Bitsy & the Bear
Making the team
The Rainbow Fish
You will be my friend!
How to Lose all your friends
Little Blue and little yellow
The Crayon Box that Talked
Giraffes Can't Dance
The Lamb and the butterfly
Town Mouse and Country Mouse
Nicolas, where have you been?
A Flea Story
Six Crows
It's Mine

Angela McAllister
Nancy Carlson
Marcus Pfister
Peter Brown
Nancy Carlson
Leo Lionni
Shane DeRolf
Giles Andrede
Arnold Sungaard
Jan Brett
Leo Lionni
Leo Lionni
Leo Lionni

Alexander and the Wind-up Mouse
Fish is Fish
The Sandwich Swap
How to be a friend
We can get along
The Happy Lion

Leo Lionni
Leo Lionni
Queen Rania AlAbdullah
Laurie Krasny Brown
Lauren Murphy Payne
Louise Fatio

Being Mindful

I Like to be Little
The Listening Walk
The Quiet Book

Charlotte Zolotow
Paul Shower
Deborah Underwood

Being Different

Tico and the Golden Wings
Too Loud Lily

Leo Lionni
Sofie Laguna

Kindness

The Paper Crane
Do unto otters
I'm like you, you're like me

Molly Bang
Laurie Keller
Cindy Gainer

Persistence

More Than Anything Else
The Little Engine that could
The little red ant and the great big crumb

Marie Bradby
Watty Piper
Shirley Climo

Family

The Perfect Family
A House is a house for me
You nest here with me
Tikki Tikki Tembo
The twin Princes

Nancy Carlson
Mary Ann Hoberman
Jane Yolen
Arlene Mosel
Tedd Arnold

Uniqueness/Being Oneself

I Like Myself!
Stand Tall Molly Lou Melon
Only One You
The Big Orange Splot
Whoever you are
Something Special
Red
I Like Me!
Owen
All the Colors of the Earth
If Only I had a green nose
Pezzettino
Inch by Inch
A color of his own

Karen Beaumont
Patty Lovell
Linda Kranz
Daniel Manus Pinkwater
Mem Fox
David McPhail
Michael Hall
Nancy Carlson
Kevin Henkes
Sheila Hamanaka
Max Lucado
Leo Lionni
Leo Lionni
Leo Lionni

The Biggest House in the World	Leo Lionni
Elmer	David McKee
Three Cheers for Tacky	Helen Lester
Tacky in Trouble	Helen Lester
Hooway for Wodney Wat	Helen Lester
Batter up Wombat	Helen Lester
Hurty Feelings	Helen Lester
Tacky the Penguin	Helen Lester
Miss Rumphius	Barbara Cooney
Something to Prove	Robert Skead
The man who walked between the towers	Mordicai Gerstein

Respect

Everyone Matters	Pat Thomas
Respect	Ted and Jenny O'Neal
Ryan Respects	Virginia Kroll

Anxiety

Wemberly Worried	Kevin Henkes
Chrysanthemum	Kevin Henkes

Working Together

Swimmy	Leo Lionni
Frederick	Leo Lionni

Creativity

Over the Ocean	Taro Gomi
Matthew's Dream	Leo Lionni
How to Paint the Portrait of a Bird	Mordicai Gerstein
If...	Sarah Perry
Wave	Suzy Lee
FairyLand	Richard Doyle
The Fantastic Drawings of Danielle	Barbara McClintock
Anna's Art Adventure	Bjorn Sortland
The Noisy Paintbox	Barb Rosenstock
Spots in a box	Helen Ward
Ish	Peter Reynolds
Mouse Paint	Ellen Stoll Walsh
What do you do with an Idea?	Kobi Yamada