



Dear Parents & Teens:

The henna program to be presented at the Somers Library uses a natural dye. I will be using henna paste made from plants that is applied to the skin to make a decorative design. Henna has been used in such a manner for thousands of years. The purpose of this program is to present information about Henna; it's history, safety and to demonstrate its decorative use on the skin.

Henna is a shrub-like plant known scientifically as Lawsonia Inermis. To create a paste to work with the leaves are picked, dried and crushed into a powder. The powder is mixed with lemon juice, cajuput oil, and lemon grass oil. The paste is piped or painted onto the skin in the design chosen. As the paste dries, it dyes the outer layer of skin, the epidermis, a golden orange. During the next 12 to 36 hours, the color changes to a brown that can range from a gentle coffee color to a deep mahogany.

The design often lasts from 1 to 2 weeks, depending on how fast your body sheds the outer layer of skin. When the layer has fully shed, there is no residual color or markings. If the design is kept moisturized with a natural oil such as olive oil or coconut oil it will prolong the life of the stain.

Occasionally, Henna decorations have lasted on the skin longer than 2 weeks. Sometimes Henna can irritate people who have sensitive skin. If you have sensitive skin or reactions to natural products from plants or citrus, you should not receive a henna at this program. Students who do not wish to have a possibly long-lasting decoration on their skin may choose not to receive henna - which is perfectly ok.

You will still learn about henna and work hands on creating some original designs.

If at any time you have questions I can be reached at margie@makingfacesparties.com

By approving the appropriate blanks below, you hereby absolve the Somers Library/Making Faces Parties, its employees, and all program demonstrators of all responsibility for any accidental staining of property, allergic reactions, or other problems in relation to the application of Henna products to the skin.

Minor Child

Adult Guardian

Age

Date



I will be receiving Henna



I will not be receiving Henna

Scanned 2 times, uploaded 2 newsletters 4/24
Program presented by: Making Faces Parties www.makingfacesparties.com 914-714-8069